

**FREE SPIRIT** – Do you dream of your life or do you live your dream?  
 (new game) "A journey of 1000 Miles begins with just one step!"

<b>1. Step:</b> How IS IT right now?	<b>3. Step:</b> Very FIRST action „The PATH is the TARGET“	<b>2. Step: YOUR VISION</b> Your most wonderful <b>dreams!</b> write them down!!
1) Partnership + Family		
2) Nutrition		
3) Clothing		
4) Leisure time, Hobbies		
5) profession		
6) education – Spiritual Knowledge		
7) Housing		
8) Finances		
9) Transport of your body (Shoes, Cycles, Cars)		
10) Health		
11) Environmental engagement		
12) Social Network (Colleagues-Clubs-Friends)		